



BULL CREEK PRIMARY SCHOOL | NEWSLETTER #6 – 2024

Principal's Message

Dear Parents and Carers,

Thank you to all the staff and students for working hard through this busy term whilst enjoying all our special events.

Book Week was another big event this year on our calendar. A huge congratulations to all the students and staff dressing up in amazing costumes to align with the theme Reading Is Magic! Thank you to Mrs Williams for coordinating the design a Book Cover competition and Mrs McCarthy for being a fabulous host for the parade and let's not forget to mention your great dance moves on stage. Thank you to Mr Marshall for creating the Reading Is Magic school song, it was fantastic.

I would like to acknowledge and thank Frau Colgan and Katharina Martin for all your hard work in making the annual Lanternlauf a success. This is a great community event, and we thank all the families that helped celebrate and enjoy the event.

The staff celebrated Allied Professional Appreciation Day on 2 September. This day recognises all the dedicated work and time our Allied Professionals put into our students daily. Thank you to the social committee and P&C for acknowledging this special day.

In Week 9 we were had our athletics carnival and the weather was glorious. I would like to thank Mr Pascoe and Mrs Finsterwald for preparing the students and coordinating the day. All staff assisted students to have a successful and enjoyable day. Congratulations to the winning faction Yongka and all the individual champions and runner up place winners on the day.

At Bull Creek primary we promote being physically active and mentally healthy through our Act Belong Commit and Be You. As part of our Wellness week activities this year, we had bubbles & dancing, the great veggie crunch, high five day and RU OK Day. I would like to express thanks to Mrs Sue Bolton, Pauline Hough (Chaplain), Jon Heath (school Psychologist) and Allison Gorman (FLDC) and the be you committee for your ongoing work in this area. Thank you to all the parents, staff and students who participated in the recent Be You survey.

Website:
www.bullcreek.ps@education.wa.edu.au

Phone:
08 6216 4400

Email:
bullcreek.ps@education.wa.edu.au

School Watch:
1800 177 777

Thank you to the P&C for putting together another fun and successful Colour Run; Dr Jags agrees that it was the perfect way to end the term.

Thank you for joining us Dr Jags!



Lastly today is a sad day as we farewell Mrs McCarthy in her upcoming retirement. This morning we celebrated at the assembly with class cards and kind words from the students and a poem and a power point tribute. Mrs McCarthy will be missed in our community and remembered for her professionalism and kindness. The school will host formal farewell for Mrs McCarthy in Term 1 2025.

I would like to wish everyone a happy and safe holiday. Take time to enjoy the beautiful weather and nature in our community.

Mrs Sharon Marchenko
Principal



Act Belong Commit

PARENT CLUB

On Thursday morning 29 August we enjoyed a very informative talk from Dr Deena Ashoorian, a Senior lecturer at the School of Allied Health Pharmacy at UWA. Dr Ashoorian encouraged and equipped us with the knowledge on how to 'Cultivate Character in our Children'.

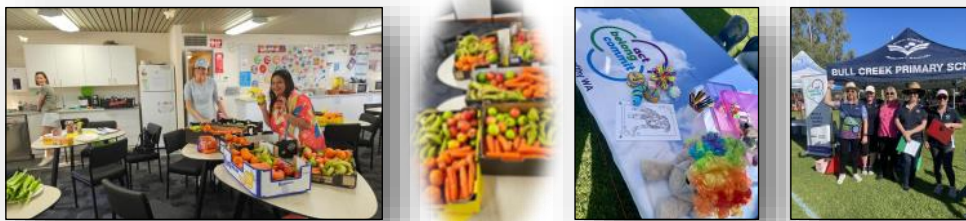
If there is a topic you would like us to cover in one of our Parent Club sessions, please contact Pauline Hough or Sue Bolton. We would love to hear from you!

WELLNESS WEEK

Wellness week was a big week with our morning bubbles, dancing, Great Vegie Crunch, High Five day, R U OK? Day and our Fruit and Vegie Fuelled Athletics Carnival!



A huge thank you **Dolce & Solato** for the R U OK? Day staff morning tea and the **Cancer Council** and **Tony Ales in Bull Creek** for providing delicious fresh fruit and vegetable treats for our students to enjoy!



LIBRARY LUNCH TIME CLUBS

Our library clubs continue with the new addition of LEGO Club alongside our colouring club on a Wednesday. Thursdays are games and of course, Mondays are full of fun with Chess Club. Students can just turn up and join in any time during lunch.

HOLIDAY FUN

Here is a link for school holiday fun and adventures, including free activities. [100+ School Holiday Activities Perth for September 2024](#)

SPRING WELLNESS IDEAS

Here are a few ideas to get going for the weekend, holidays and all through Spring. See how many you can do with your children and cross them off as you go!



AND DON'T FORGET!



School News

School and Office Hours

The school office is open from 08:30am to 3:30pm.

Classroom doors open at 08:40am and the bell to start the school day is at 08:50am. Children must not arrive before 8:30am unless they are doing a leadership role or Thursday fit club.

Parents can use the services of Camp Australia to arrange before and after school care to accommodate for working hours.

Change of Address

Please ensure that your physical address is kept up to date with the school and that you notify the school office if you have moved.

Medical Needs for Students

It is very important that families inform the school of any medical needs for students. This includes asthma, allergies, anaphylaxis and any other conditions that may affect the wellbeing and safety of a student during the school day. If your child has a current medical condition or develops one throughout the school year, please obtain the medical forms from the front office and return them with updated medication as required.

Mobile Phones Policy

Between the hours of 8:30am-3:05pm mobile phones will not be used by students for any communication purposes. Smart watches must be placed into 'aeroplane mode' and mobile phones are to be handed in to the office, for safe keeping, when students arrive at school and collected at the end of the day.

Parking Around the School

Some of the parking in front of the school is a pick up and drop off zone only (Kiss and Drive). For the safety of all of our children, please do not park and/or exit your vehicle in the marked out green parking area on Francisco Crescent. If you are early, please continue to move around the block in a clockwise direction until your child is ready at the Kiss and Drive collection point.

It is illegal and dangerous to double park anywhere along the school boundary roads.

When collecting from the classroom, please find a safe parking space around the school. Parking is also available on Darley Circle with laneway access onto the school grounds.

Parking is not permitted in the staff car parks at all times and for safety reasons, please do not walk through the staff car parks before, during or after school.

Unfortunately a number of families continue to park in the City of Melville NO PARKING ZONES around the school. If you spot someone doing the wrong thing, to help keep our community safe, please report it to the City of Melville via the below link.

[Report Local Issues to Councils | Snap Send Solve](#)

Absentees

If your child is absent from school, please contact the school office on 6216 4400 or email bullcreek.ps@education.wa.edu.au as early as possible to advise of the reason for absence.

Late Arrival / Early Departures

Students arriving to school after 9am must be signed in at the office by a parent or guardian before entering their classroom.

Students leaving school early, must be signed out at the office before the student is collected from class.

NO Parking or Walking Through Staff Car Parks

Staff car parks are strictly a no parking area. Please do not walk through the staff car parks, it is dangerous as we have workmen, deliveries and the FLDC bus using the staff car parks.

Faction Athletics Carnival

The Bull Creek Primary Faction Athletics Carnival took place in Week Nine over two days. Students had been working and training hard during the term in many different disciplines including jumps (long and triple), throws, running events and team games.

On Wednesday the 11th of September the Years 3-6 competed in the field events. These events and age groups had been chosen due to their alignment with the SCISA Interschool Carnival events occurring next term. Students who had qualified for these events throughout this term's PE sessions participated. Again, competitiveness and sportsmanship were continually on display from all participants, with many results being decided by the slimmest of margins!

On Friday the 13th of September the whole school took part in running races and team games. The day started off with the Years 3-6 200m events, followed by the Pre-Primary classes running their races in front of the cheering school. After this, the Pre-Primaries stayed for their tabloid games. The Years 1-3 engaged in their tabloid games – a six-station circuit of fun, interactive exercises that aligned with the WA curriculum's Fundamental Movement Skills. During this, Years 4-6 ran off in their 80-100m events. After recess, it was swapped so that the Years 4-6 completed team games while Years 1-3 did their running events.

The ultimate aim of participation was realised through these events, with every student from Years One to Six having a go and having fun with their schoolmates. It was fantastic to see competitors following the essential principles of sportsmanship, teamwork and support. Even the parents and teachers had a go, with the parents pipping the teachers in, shall we say, 'controversial' circumstances!

Ultimately, Yongka won the day with several strong performances, in a competition that went right down to the last few races! Individual efforts were recognised with Champions and Runners-Up medals. Congratulations to the following students:



	Year 3 Girls	Year 3 Boys	Year 4 Girls	Year 4 Boys
Champion	Alysa C	Rakshan K	Amara S	Oscar L
Runner-Up	Chloe F	Blaize C	Amelie P	Jamie W
	Year 5 Girls	Year 5 Boys	Year 6 Girls	Year 6 Boys
Champion	Annabelle L	Arlo B Louis L	Clarice L Riya K	Jake S
Runner-Up	Mia L	Evan W	Alyssa G	Wesley K



Faction Captains are to be congratulated on their conduct and the support they gave their Factions. Thank you also to staff and parent volunteers for their involvement in a myriad of roles, especially Lee Finsterwald, who graciously donated her time to help train our junior classes leading up to the event. Most importantly, huge congratulations go to all students who ran hard, cheered loudly and had fun!

In summary, the 2024 Athletics Carnival was a success in many ways, and this success is vital in promoting Physical Activity within the school, as well as educating children on the benefits of a healthy lifestyle.



Mr Pascoe
Sports Teacher

Wattle 2

This week in Wattle Two we made ice cream without the use of machines and technology. The students showed good teamwork, especially when it came to shaking the mixture up for 5 straight minutes. Easy, messy, tasty and cold were some of the words the students used to describe the process.



Mrs Allier
Wattle 2 Teacher

Wattle 4 - Our Movie Experience

On Tuesday the 17th of September Wattle 3 and 4 were lucky enough to see an early viewing of Runt at the movies after spending all term reading the novel by Craig Silvey. The bus took 41 very excited students to Hoyts at Southlands.

When we arrived, we climbed the huge stairs then waited in the foyer for our cinema to be ready. We had our own private theatre. It had recliner seats and cup holders for our drink bottles. Once we were all settled, comfy and sitting with our friends, the lights went out and the curtains opened to make the screen bigger.

Runt was a fantastic movie just like the book. It was cleverly created and quite emotional as some of us shed a few tears. We thought the producer did a wonderful job of recreating the story and understood why some parts of the story were left out or slightly different. Runt the dog was clearly our favourite character. He was scruffy, shy, fast, loyal and above all a best friend for Annie.

Wattle 4 has given this movie 4 and a half stars out of five. We highly recommend all students from Bull Creek Primary to go and see it in the holidays. You won't regret it.

Collaboratively written and shared by the students in W4 and Mrs Austin, Wattle 4 Teacher



Wattle 8

Wow!!!! What an incredibly busy term 3 we have had! It has been full of excitement, fun, laughter, learning and sharing with our friends. We started the term with swimming lessons which were a definite highlight each day. We all looked forward to the bus ride even when it was pouring down with rain.

“I liked going to the other side of the water with Sherab”. Margot

“I liked that I can finally glide”. Kavir

“I liked floating on my back”. Emily



After swimming lessons ended, we finally got to celebrate our 100 days of school, meaning we are 100 days smarter. We had been looking forward to this day since we started Pre-Primary, and it was so much fun as we celebrated with our friends in Wattle 7.

“I am 100 days smarter because I didn't know how to make stuff out of plasticine, but I can now because I just made this little guy”. Ezra



“I can write words to 100 and numbers to 100”. Edwin

“I can now do Heggarty and change the sounds in words.” Chelsea

In week 6 we celebrated Book Week. We all looked fantastic and loved being part of the parade.

“I dressed up as a mermaid and I had fun”. Emily

“I liked the parade because it was nice”. Farhaan

“I liked the parade because I was in it”. Linus



In week 8 we all became farmers for the day and had a visit from the cutest farm animals.

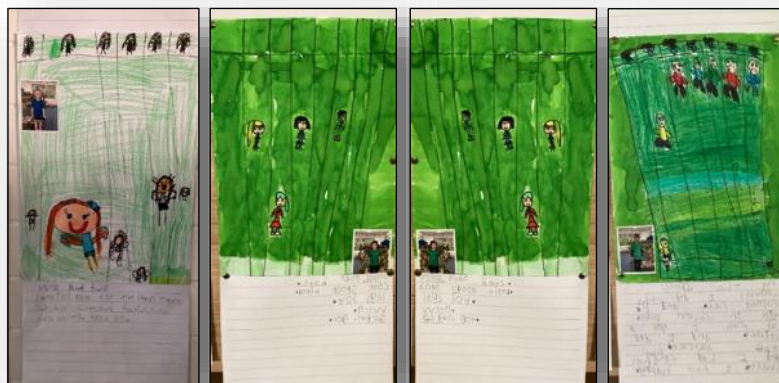


“I liked the hamsters because they were fluffy”. Lily

“I liked the rabbits because they are cute”. Ngoc



Finally, we celebrated our first ever faction sports carnival. It was so much fun to run in our race and play the games with our families watching us.



Have a fabulous and safe holiday everyone!!!!!!

Mrs Abbott
Wattle 8 Teacher

BULL CREEK PRIMARY SCHOOL



CALENDAR – TERM 4, 2024

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Oct	7 PD Day	8 School starts today	9	10 Happy Chappy Appreciation Day	11 EDU-DANCE
2	14 EDU-DANCE Mindfulness Week	15 Interschool Athletics – Day 1	16 National Thank Your Cleaner Day	17 Interschool Athletics – Day 2	18 Assembly – W6 EDU-DANCE DLD Awareness Day
3	21 EDU-DANCE	22 P&C Meeting	23 IMSS Workshop @ LSHS	24	25 Assembly - IMSS EDU-DANCE World Teachers Day
4 Oct/ Nov	28 EDU-DANCE	29	30	31	1 Assembly – W1 EDU-DANCE Canteen Day Massed Choir Rehearsal Fathering Project Camp Out
5	4 EDU-DANCE Massed Choir Performance	5	6 School Psychologist Appreciation Day	7	8 EDU-DANCE Newsletter
6	11 EDU-DANCE Volunteer Thank You Morning Tea Multicultural Week	12 FLDC New Parent Meeting (9:30am)	13	14	15 Assembly – FLDC EDU-DANCE
7	18 EDU-DANCE	19 P&C Meeting	20	21	22 EDU-DANCE
8 Nov	25 EDU-DANCE	26	27 Board Meeting Year 6 German Incursion	28 Year 6 Orientation – Willetton SHS	29 Assembly – W8 EDU-DANCE
9 Dec	2 EDU-DANCE Year 6 Orientation – Rossmoyne SHS	3	4 FLDC Graduation Assembly (9am)	5	6 EDU-DANCE
10	9 Celebration Night EDU-DANCE	10 Year 6 Graduation Day	11 Year 6 Excursion	12 Last Day of School Newsletter	13 PD Day
HOLS	16	17	18	19	20
HOLS	23	24	25	26	27

BCPS P&C NEWS

Email: bcpspandc@outlook.com

Facebook: www.facebook.com/BullCreekPrimarySchoolPC

TERM 2 ROUND UP FROM THE TEAM

What a busy term we've had! We hope all our Bull Creek families enjoy a wonderful school holidays and the children return to school fresh and ready for a fun term 4!

BOOK WEEK BAKE SALE & BOOK STALL

Thanks to all families who kindly donated baked goods for our Book Week bake sale. Selling our sweet treats, in combination with our book sale, we raised \$850.16.

FATHERS DAY STALL

The children loved attending our Father's Day stall to purchase a special treat for the father figures in their lives. We almost sold out of all items, and raised \$1478 at the same time! We hope all our school 'fathers' had a wonderful time unwrapping their gifts.



LATERNENLAUF

The weather held out for a wonderful evening at school celebrating St Martin's Day. Katharina and her team of chefs served up delicious German treats for us on the night. Such a fabulous way to spend an evening together!

COLOUR EXPLOSION FUN RUN

What a fantastic way to finish our term! The children love to run in the water sprays, and clouds of non-toxic colour powder! Though we're never quite sure, who has more fun?.....teachers or children?! At the time of publishing, we had raised over \$3000! Don't forget to finalise your fundraising and order your prizes before Friday 27th September. Prizes will be delivered to school early in term four.



BCPS P&C NEWS

Email: bcpspandc@outlook.com

Facebook: www.facebook.com/BullCreekPrimarySchoolPC

UNIFORM SHOP

Did you know the uniform shop is entirely run by volunteers? All money raised from the sale of new and used uniforms goes directly to the school via the P&C.

Please consider donating outgrown uniforms back to the school for resale.

MONDAY AND FRIDAY
OPEN 9.00 - 9.15

ALL ORDERS ONLINE VIA **SPRIGGS**

lisa.millar@bullcreekparents.org.au

UNIFORM SHOP

We're open Mondays and Fridays 9am-9.15am. We're fully stocked with faction hats ready for the summer months and will have plenty of stock mid term 4 to freshen up your children 2025 wardrobe! Order online at www.spriggyschools.com.au and have your order delivered to your child's classroom. Any uniform enquiries should be emailed to Lisa.millar@bullcreekparents.org.au.

If you've outgrown any uniforms please return them to the uniform shop or front office, they will be on-sold to raise money for the P&C.



FUNDRAISER



PLEASE SUPPORT THE BULL CREEK PRIMARY SCHOOL P&C (WHILST SORTING DINNER!) TO RAISE FUNDS FOR THE CHILDRENS SCHOOL RESOURCES, FACILITIES AND AMENITIES.

10 LESS THAN 10 MINUTES PREP TIME

NO ARTIFICIAL ADDITIVES

10 MINUTE COOK-AT-HOME DELIVERED MEALS

LOCAL | FAMILY-CREATED | GOURMET | ITALIAN

SCAN TO ORDER

\$28	\$28	\$35	\$29	\$28
\$14	\$16	\$18	\$19	\$18
\$14	\$14	\$19	\$17	\$19
\$18	\$19	\$13		

Thanks to our wonderful volunteers for their ongoing support this term, we are always looking for new helping hands if you have time to contribute.

Our faction carnival menu was a big hit. Thanks to all the parents for the overwhelming response. Thanks to all those who helped deliver the lunches.

We are happy to see that our home made pasta bolognese is gaining popularity. Also happy that the kids are loving the butter chicken rice.

Lastly, I would like to thank all the parents who have put in sushi orders on time with the new cut off.

LETS GET FIT BULL CREEK PRIMARY SCHOOL!

FIT CLUB

BULL CREEK PRIMARY SCHOOL



Trainer: Lee Finsterwald
 Sports Science background and kids sport coaching including Tennis, Hockey, Athletics, Cricket, Rugby & Swimming

- Who: YOU!**
All students welcome. Parent/caregiver required to chaperone child to class after fit club if they are too young to take themselves.
- What:** Running and a variety of games
- When:** 8am Thursdays during school term come rain, hail or shine
- Where:** School oval (undercover area if raining)
- Why:** Fitness, functional training and fun!
- Cost:** Free of charge!

Thank you Lee!
 Brought to you by Bull Creek Primary School and the P&C

Join us

FIT MUMS CLUB

Celebrate your body | Thursdays 9 - 10am
 Commencing 25th July 2024

BYO yoga mat, 3kg dumbbells & water bottle
 John Creaney Reserve

Kids welcome to play in the gated playground next to training session

Scan QR for location

Join our Whatsapp chat

ALL FITNESS LEVELS & ABILITIES WELCOME

Bull Creek PODIATRY

Thank you

The Bull Creek Primary P&C would like to thank Bull Creek Podiatry for their ongoing support to our students.

As well as being the Major Sponsor for our recent Quiz Night fundraiser, Bull Creek Podiatry have kindly supplied some valuable information for parents seeking to upgrade their students footwear over the break.

Bull Creek Podiatry is a friendly, independent and locally owned business founded by Kerry Pennington.

Kerry's holistic approach, excellent rapport and mission to provide the highest level of patient care is what sets her apart.

To make an appointment with Bull Creek Podiatry, please call us on 08 6500 7300 or by heading over to <https://www.bullcreekpodiatry.com.au/>

PLAY CRICKET

Learning Spartans Junior Cricket Club

Local to All at Coward Reserve, Emerald Court, Learning Blvd

Time: Monday 14:30s - 3:30p to 5:30pm starting 28th of October

Contact: president@playcricket.com

Register: <https://www.playcricket.com.au/club/learning-spartans-junior-cricket-club> or use the QR code below

REGISTRATIONS OPEN NOW

PLAY CRICKET BY WOLNEX'S

Footwear Recommendations



Advice for your shoes and you

Our feet bear the burden of our day to day living, they support all the weight of our body and allow us to be mobile. It's important our feet are well supported and protected, so shoes play a vital role in this.

When buying new shoes keep in mind the following:

Length test

While sitting, loosen fastenings and push the foot forward in the shoe until the longest toe is up against the end of the shoe. Stand up. While still standing you should be able to fit one index finger in comfortably behind the heel, if not, the shoe is too short. If there is a lot of room, the shoe is too long.

Alternatively, secure the fastening of the shoe. While standing, feel for the end of the longest toe (remember the big toe is not always the longest). The end of the shoe should be past the longest toe by approximately the width of your index finger.

Width test

While standing, feel the inner and outer borders of the shoe's upper. If the upper overlaps the edges of the sole, the shoe is too narrow.

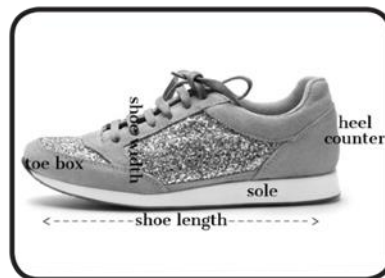
The toe box of the shoe needs adequate shape, depth and width to allow the toes to spread naturally. In some footwear, especially slip ons,

the toe box of the shoe can be tight, causing corns or damage to the toenails or blisters.

The heel counter of the shoe should be firm. This provides stability and support for the heel. A good heel counter should be firm enough that it resists flattening when pushed from behind and resistance should also be felt when squeezing the heel counter at the sides.

A heel height less than 2.5cm and a broad heel base is essential for stability and safety. Heel styles with a slight out-flare provide added stability. High heels increase the pressure on the ball of the foot.

The sole of the shoe should provide firm support but also be able to flex where the foot bends as we walk or run. This flex should be directly under the ball of the foot. The shoe should not bend or flex in the mid-sole or heel area.



Materials

Leather is generally preferred for shoe uppers, however synthetics developed with specific beneficial properties, e.g. stretch may be preferable for some foot deformities. Synthetic or rubbers are best for the sole as they are often more durable, shock absorbent and provide better grip.

Fastenings

Shoes should be secured on the feet with laces, Velcro straps or buckles. If your feet have to work to hold your shoes in place, your foot muscles may end up strained.

Shape

Pointy shoes can make your toes "claw". This may affect overall body posture. Clenched toes can also cause rubbing, leading to corns and calluses. Broad toe shoes allow the toes more room and can help prevent pressure injuries.

SPECIAL REQUIREMENTS

Adjustable straps are advised for people with oedema to allow for change in foot size during the day. People with reduced sensation or circulation need to be especially careful they do not injure their feet.

People who have misshapen feet from an injury or medical condition such as arthritis, diabetes, foot deformities or oedema may require shoes with extra depth or width. Some people may require orthoses (inserts). Occasionally, a custom made shoe will be the most suitable.



HAVE YOUR SAY

On the P&C 2025 Budget and 5 Year Plan

The P&C has had a big year with lots of change! We are looking ahead to next year and beyond, and budgeting all of the funds we have gained with your support this year to improve our school.

01

Complete our Survey

Complete the survey to have your say on the P&C budget for 2025 via the QR code below



02

Attend a meeting

Attend our next meeting online or in person on 22 October where we will discuss the survey results



03

Join the P&C in 2025

Consider what you might be able to contribute to the P&C in 2025



04

Vote at our AGM

Attend the AGM Tuesday 18th March 2025, where we will discuss and approve the new 5 Year Plan for the P&C



Contact us at bcpspandc@outlook.com or on Facebook for more information

Community Pages



Calling all kids and their favorite stuffed friends! Bring your teddy (or any cuddly companion) to The Garden Family Medical Clinic in Murdoch for a super fun, teddy-sized adventure! Our amazing teddy doctors, nurses, and health specialists will be ready to give your plush buddies the ultimate check-up!

At this year's Winter Check-Up, teddies will travel through the clinic, getting x-rays, heart checks, surgery, and even a visit to the teddy ambulance! With five exciting activity stations run by friendly volunteer medical students from the University of Notre Dame, Fremantle, your child's stuffed buddy will be checked from head to toe.

Kids can bring their own cuddly patients if they're in need of some extra TLC! And the best part? All proceeds from this event will support The Lionheart Foundation, a wonderful charity helping families through bereavement, creating safe spaces for healing and understanding.

Join us for a day of fun, laughter, and learning! Your teddy deserves the best care—just like you!

Date: Saturday 5th October 2024

Time: Sessions run from 12pm-4pm

Location: The Garden Family Medical Clinic, Murdoch

Proceeds go to: The Lionheart Foundation

Let's make it a paw-some day for your little one's furry friend!





Keep your kids entertained during the school holidays with our fun and active camps throughout the year.

Willetton Basketball runs fun and active camps during the January, April, July, September, and December school holidays each year. Our camps are open to all school-aged kids from six and over. Not only are our holiday camps a great way to keep your kids entertained during the holidays, but they are an active, enjoyable and social environment for your child while they are off school.

Dates & Pricing

SEPTEMBER 2024 HOLIDAY CAMP

Week One – 6-9 year olds – 4 Day Camp

Tuesday 24th September – Friday 27th September 2024

Camp runs 9:00am – 3:30pm daily.

Cost: \$240

Week Two – 9 years and over – 5 Day Camp

Monday 30th September – Friday 4th October 2024.

Camp runs 9:00am – 3:30pm daily.

Cost: \$290



WILLETTON
BASKETBALL

For further information and registrations, please visit

www.willettonbasketball.com.au/programs/holiday-camps/

Kindergarten Enrolments 2025

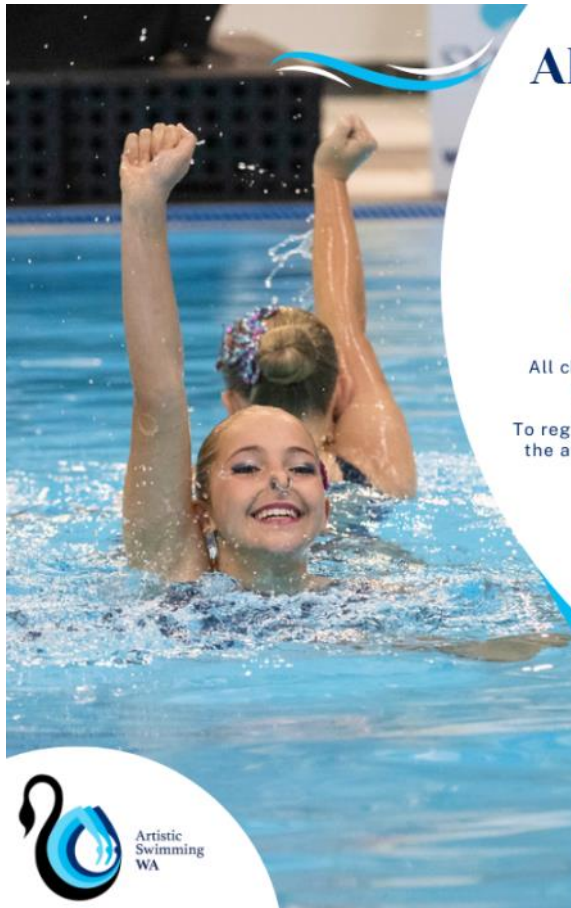


Limited places still available!



Application forms are available at
bullcreekps@education.wa.edu.au
or from the school office.

For further information, please call 08 6216 4400



ARTISTIC SWIMMING COME AND TRY



SEPTEMBER 28TH
11:00 AM



COCKBURN ARC

All children aged 7 and over welcome to participate at this FREE event!

To register now or for information about all the available sessions, scan the QR Code



SCAN ME



Department of
Local Government, Sport
and Cultural Industries



healthway

Crunch&Sip®



Artistic
Swimming
WA

Bring along your usual swimming attire and goggles.
Basic swimming ability and confidence in the water is essential.

For more information, contact
development.officer@synchronwa.org.au