



32 Hardy Street
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Dear Parents

On Thursday, the **28 June** our school will be holding its '**Jump Off**'. The 'Jump Off' is a celebration of the Jump Rope for Heart program involving a wide range of skipping and skipping related activities focusing on fun, simultaneous activity and community service. The 'Jump Off' provides the opportunity for students to demonstrate the skills and knowledge they have learned through the program. We would appreciate a gold coin donation (to be handed to the classroom teacher on Thursday 28 June) from students who have **not** already raised money for the Heart Foundation. **Online donations is the preferred method of payment by the Heart Foundation though there is a box in the office for money and forms. Spare forms can be downloaded.** All money that has been raised for Jump Rope for Heart should be returned with the sponsorship form **before the cutoff date of Thursday 28 June.**

Link for Bull Creek Primary:

https://jumprope.heartfoundation.org.au/2018/Bull_Creek_Primary_School_-_BULL_CREEK_WA_-_132237

All JRFH prizes will be distributed after the holidays.



HOW WILL THE MONEY BE USED?

All money raised will go to the Heart Foundation to ensure the continued development of the program and enables the Heart Foundation to carry out vital research and health promotion programs.

JUMP OFF ORGANISATION

Due to the size of the school there will be four 'Jump Off' sessions (refer to table below). Students will meet in the undercover area before starting.

Year	Starting and finishing times
W1, W2, W3, W4	9 am to 9.50 am
W5, W6, W7, W8,	10.00 am to 10.45 am
B4, B5, B6	11.15am to 12.15 pm
S5, S6, B3, B1, B2	1.20 pm to 2.00 pm

When students arrive at the undercover area they will be separated into small groups and given a group leader (teacher, faction captain or volunteer parent). The group leader will supervise their group and move them to an activity station. After 5 to 10 minutes at the activity station a whistle will be blown and students will rotate onto the next activity station. After the activities the students will be return to class.

PARENTS / GUARDIANS

We encourage parents / guardians to support the 'Jump Off' by attending on the day either to watch their son or daughter being actively involved or as a group leader.

Kind regards
Tanja Colgan
JRFH Coordinator
7 May 2018