Canteen Notes—Term Two and Three 2015

The canteen aims to provide a healthy selection of lunches at value for money prices. We aim to offer food to suit a variety of tastes whilst following nutritional guidelines. We are also guided by the Department of Education and Training Healthy Food and Drink and Traffic Light policies.

Phillipa is the Canteen Manager and the canteen is open three days a week on a Tuesday, Thursday and Friday. The canteen would not operate without the help of volunteers. Help is always appreciated from parents, carers, grandparents etc. The children do love coming to see you during school time. If you wish to volunteer simply come to the canteen and put your name on the roster. Even if you can only help once per term it is still very helpful. To my very loyal long term volunteers, thank you very much :-)

Ordering:

Orders need to be placed at the canteen window by 9.00am using the printed lunch bags provided. Pre-orders can be made for a subsequent day. A locked letterbox is provided in the kindy area for parents of those children to leave their lunch orders before 9.00am.

Please ensure the students name and classroom number are on the lunch bag.

All lunch orders are delivered to the classrooms at lunch.

Friday is a very busy day so please be patient when ordering. Feel free to order on Thursday for Friday if that will save you time.

Recess items are available from the canteen at 10.50am and icy treats starting at 20 cents are available after the children have eaten their lunch at 12.40pm.

BULL CREEK PRIMARY SCHOOL

CANTEEN WINTER MENU 2015

Open 8.30am—1.10pm Tuesday, Thursday and Friday

Recess Menu

Handmade in canteen

Aussie Pizza—with pizza sauce, low fat cheese & lean ham $1.20
Milo—with warm milk served in foam cup $1.50
Homemade milo muffins (Tuesday and/or Thursday) $0.80
Popcorn $1.00
Red Rock Honey Soy Chicken Chips $1.20
Vege Chips—BBQ flavour $1.00
Corntos—cheese flavour $0.80
Mamee Noodle snacks—chicken or BBQ $0.60
Jelly cups (most Fridays) $1.00
Icy Pops - mini frozen milk and juice on sticks small/lg $0.20/$0.50
Fresh Fruit (including a springy slinky) $1.00

ICY LUNCH TIME TREATS ......

Icy Pops also available at lunch time
Moosies available at lunch time (various flavours) $1.20
Other selected ice-creams as available

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### Everyday Items

**TUMMY FILLERS:**
- Lasagne $4.00  Macaroni Cheese $4.00
- Pizza cheese and bacon $3.00  Pizza Hawaiian $3.00
- Pizza vegetarian $3.00  Corn Cob $1.00

**SANDWICHES,** toasting available:
- Cheese $3.00  Chicken $3.50
- Ham $3.20  Vegemite $2.00
*Wholemeal bread is used unless white is specified*
- Add 20c for Lettuce, Tomato, Cucumber or Carrot
- Add 40c for Cheese, Wrap or Roll
- Add 60c for Avocado

**FOCCACIAS—HOT AND TASTY:**
- Ham and Cheese $4.80  Chicken and Cheese $5.00
- Add 20c for Tomato
- Add 60c for Avocado
**We only use lean ham and diced chicken breast**

**SALAD TUBS:**
- Lettuce, Tomato, Cucumber, Carrot & Egg with a fruit garnish $4.50  with Cheese $5.00
- - With Chicken or Ham $5.50
- Add 60c for Avocado

### Daily Specials

**TUESDAY ......**
- Chicken and Corn (two tender chicken strips and 2 corn cobs) $4.50
- 2 Party Pie combo with juice box and sauce sachet $3.50
- 3 Party Pie combo with juice box and sauce sachet $4.50
- Nachos (lightly salted corn chips, salsa, low fat cheese) with chicken $4.00

**THURSDAY ...... Pasta and Burger day **
- Mini homemade meatballs & spaghetti (for the littlies) $3.50
- Monster homemade meatballs & spaghetti (for the bigger kids) $4.00
- Mini monster burger (patty, sauce, cheese, lettuce) $3.00
- Boyes Bonza Burger (patty, sauce, cheese, lettuce, cucumber) $5.00
- Nachos (lightly salted corn chips, salsa, low fat cheese) with chicken $4.00

**FRIDAY ...... Pastry Day**
- Party Pie $1.00  Sausage Roll $3.00
- Meat Pie $3.50  Potato topped Pie $3.50
- Hot Dog with sauce, mustard or both (add .20c for cheese) $3.50
- Chicken/Beef Noodle Cup $3.00  Sauce sachet $0.30
- 5 chicken nuggets and 8 potato gems $3.50

**DRINKS ......**
- 300ml Brownes milk (5 flavours) $2.00
- 250ml LOL Sparkling fruit juice (2 flavours) $2.00
- 250ml Fruit Juice Box (3 flavours) $1.50
- 600ml Water $1.50