

Canteen Notes – Term 1 2017

The Canteen aims to provide a healthy selection of lunches at value for money prices. We aim to offer food to suit a variety of tastes whilst following nutritional guidelines. We are also guided by the Department of Education and Training Healthy Food and Drink and Traffic Light policies.

The Canteen is open three days a week on a Monday, Wednesday and Friday.

The Canteen would not operate without the help of volunteers. Help is always appreciated from parents, carers, grandparents etc. The children do love coming to see you during school time. If you wish to volunteer simply come to the canteen and put your name on the roster. Even if you can only help once per term it is still very helpful and all offers of assistance are greatly appreciated.

Ordering

Orders need to be placed at the canteen window by 9.00am using the printed lunch bags provided. Pre-orders can be made for a subsequent day. A locked letterbox is provided in the PP/Kindy area for parents of those children to leave their lunch orders before 9.00am.

Please ensure the students name and classroom numbers are on the lunch bag.



All lunch orders are delivered to the classrooms at lunch.

Friday is a very busy day so please be patient when ordering. Feel free to order on Monday or Wednesday for Friday if that will save you time.

Recess items are available from the canteen at 10.50am and icy treats starting at 20 cents are available after the children have eaten their lunch at 12.40pm.

BULL CREEK PRIMARY SCHOOL CANTEEN MENU TERM 2 2017

Open 8.30am-1.10pm Monday, Wednesday and Friday

Recess Menu

Aussie Pizza—with pizza sauce, low fat cheese & bacon pieces	\$1.00
3 Chicken Breast Fingers	\$1.00
Hash Browns	\$1.00
Mini Vege Spring Rolls	.50c
Chocolate Yogo or Fruit yoghurt	\$2.00
Popcorn	\$1.00
Red Rock Chips – Honey Soy	\$1.20
Icy Pops - mini frozen milk and juice on sticks small/lg	\$0.20/\$0.50
Fresh Fruit (including a springy slinky)	\$1.00
ICY LUNCH TIME TREATS	
Icy Pops also available at lunch time	
Moosies – Flavoured Milk Freeze (Various Flavours)	\$1.20
Zings – Sour or Milky assorted flavours	.80c



EVERYDAY ITEMS

TUMMY FILLERS

Lasagne	\$4.00	Macaroni Cheese	\$4.00
Pizza – Cheese and Bacon	\$3.00	Pizza – Hawaiian	\$3.00
Pizza – Vegetarian	\$3.00	Pizza – BBQ Chicken	\$3.50
Corn Cob	\$1.00		



SANDWICHES, toasting available

LITE CHEESE, LEAN HAM AND CHICKEN BREAST IS USED IN ALL SANDWICHES, WRAPS, ROLLS AND FOCACCIAS

WHOLEMEAL BREAD IS USED UNLESS WHITE IS SPECIFIED

Cheese	\$3.00	Chicken	\$3.50
Ham	\$3.20	Vegemite	\$2.00
Add Lettuce, Tomato, Cucumber or Carrot		20c each	
Add Cheese, change to wrap or roll		40c each	
Avocado		60c	



FOCACCIA – Hot and tasty toasted treat

Ham and Cheese	\$4.80	Chicken and Cheese	\$5.00
Add Tomato	20c	Add Avocado	60c
SALAD TUBS AND PLATES	\$4.50	With Cheese	\$5.00



Lettuce, Tomato, Cucumber, Carrot with a Fruit garnish

Add Chicken or Ham 50c Add Avocado 60c

DAILY SPECIALS

MONDAY

Party Pie Combo – 3 party pies, sauce and a juice box	\$4.50
Nachos (lightly salted corn chips, salsa, low fat cheese) with chicken	\$3.50
	\$4.00

WEDNESDAY

****NEW Neptune Burger – Crumbed fish fillet with lettuce and your choice of Mayonaise or Tartare Sauce \$4.50**

Bonza Beef Burger (homemade beef patty, cheese, lettuce, tomato Cucumber, sauce and mayo) \$5.00

FRIDAY

Party Pie	\$1.00	Sausage Roll	\$3.00
Cruiser Beef & Cheese pie	\$4.00	Potato topped Pie	\$3.50
Gluten Free Beef Pie	\$6.00	Sauce sachet	30c
Quiche (Lorraine or Spinach and Feta) \$4.00		Hotdog with Sauce	\$3.50
Chicken/Beef Noodle Cup	\$3.00	Sauce sachet	30c
5 Chicken breast nuggets and 8 Potato Gems			\$3.50



DRINKS *Available Everyday*

225mL Brownes Hilo Milk \$1.50 – With a Sipahh straw \$ 2.00	
300mL Browns Flavoured Milk (Choc, Choc Mint, Berry, Banana)	\$2.00
250mL LOL Sparkling Fruit Juice (Raspberry, Blackcurrant, Tropical)	\$2.00
250mL Fruit Juice Box (Apple, Tropical, Apple Blackcurrant)	\$1.50
Water	\$1.50

*******NEW *****FORTNIGHTLY SPECIALS*****NEW*******

WEEK 1-2 = 5 FISH NUGGETS AND 8 POTATO GEMS \$5.00

WEEK 3-4 = BUTTER CHICKEN AND STEAMED RICE \$5.00

WEEK 5-6= PASTA BOLOGNAISE OR

FRIED RICE & 2 MINI SPRING ROLLS(vege option avail) \$5.00

WEEK 7-8= CRISPY COATED CHICKEN DRUMSTICK AND WEDGES \$5.00

WEEK 9-10 = HOMEMADE SOUP AND DINNER ROLL \$5.00

These specials are available to order Monday-Wednesday and Friday as well as the everyday items and daily specials during Term 2.