

# EVERYDAY ITEMS




## TUMMY FILLERS

Lasagne	\$4.00	Macaroni Cheese	\$4.00
Pizza – Cheese and Bacon	\$3.00	Pizza – Hawaiian	\$3.00
Pizza – Vegetarian	\$3.00	Pizza – BBQ Chicken	\$3.50
Gluten Free Macaroni Cheese	\$5.00	Corn Cob	\$1.00

## SANDWICHES, toasting available

LITE CHEESE, LEAN HAM AND CHICKEN BREAST IS USED IN ALL SANDWICHES, WRAPS, ROLLS AND FOCACCIAS

\*\*WHOLEMEAL BREAD IS USED UNLESS WHITE IS SPECIFIED\*\*

Cheese	\$3.00	Chicken	\$3.50
Ham	\$3.20	Vegemite	\$2.00
Add Lettuce, Tomato, Cucumber or Carrot		20c each	
Add Cheese, change to wrap or roll		40c each	
Avocado		60c	
<b>FOCACCIA – Hot and tasty toasted treat</b>			
Ham and Cheese	\$4.80	Chicken and Cheese	\$5.00
Add Tomato	20c	Add Avocado	60c
<b>SALAD TUBS AND PLATES</b>	\$4.50	With Cheese	\$5.00
Lettuce, Tomato, Cucumber, Carrot and Egg with a Fruit garnish			
Add Chicken or Ham	50c	Add Avocado	60c

# DAILY SPECIALS

## MONDAY

Chicken Nuggets and Veggie Platter Combo (with Juice or water) with 5 Nuggets, Carrot, Cucumber and Celery sticks and grated cheese	\$5.00
Homemade Honey Soy Chicken tenderloin and rice	\$4.50
Chicken Tenderloin marinated in Honey, Soy, garlic and ginger and served over white rice	
Nachos (lightly salted corn chips, salsa, low fat cheese) with chicken	\$3.50
	\$4.00

## WEDNESDAY

\*\*\*NEW\*\*\* Party Pie Combo – 3 party pies, sauce and Juice box \$4.50



Happy Hawaiian Burger (crumbed chicken patty, cheese slice lettuce, pineapple ring and mayonnaise) \$4.50

Bonza Beef Burger (homemade beef patty, cheese, lettuce, tomato Cucumber, sauce and mayo) \$5.00

## FRIDAY

Party Pie	\$1.00	Sausage Roll	\$3.00
Meat Pie	\$3.50	Potato topped Pie	\$3.50
Gluten Free Beef Roll with Veggies	\$5.00	Gluten Free Beef Pie	\$6.00
Hotdog with Sauce	\$3.50		
Chicken/Beef Noodle Cup	\$3.00	Sauce sachet	30c
5 Chicken breast nuggets and 8 Potato Gems			\$3.50

## DRINKS \* Available Everyday\*

300ml Browns Flavoured Milk (Choc, Choc Mint, Berry, Banana)	\$2.00	
250ml LOL Sparkling Fruit Juice (Raspberry, Blackcurrant, Tropical)	\$2.00	
250ml Fruit Juice Box (Apple, Tropical, Apple Blackcurrant)	\$1.50	
Water	\$1.50	

# Canteen Notes – Term 1 2017

The Canteen aims to provide a healthy selection of lunches at value for money prices. We aim to offer food to suit a variety of tastes whilst following nutritional guidelines. We are also guided by the Department of Education and Training Healthy Food and Drink and Traffic Light policies.

The Canteen is open three days a week on a Monday, Wednesday and Friday.

The Canteen would not operate without the help of volunteers. Help is always appreciated from parents, carers, grandparents etc. The children do love coming to see you during school time. If you wish to volunteer simply come to the canteen and put your name on the roster. Even if you can only help once per term it is still very helpful and all offers of assistance are greatly appreciated.

## Ordering

Orders need to be placed at the canteen window by 9.00am using the printed lunch bags provided. Pre-orders can be made for a subsequent day. A locked letterbox is provided in the PP/Kindy area for parents of those children to leave their lunch orders before 9.00am.

Please ensure the students name and classroom numbers are on the lunch bag.

All lunch orders are delivered to the classrooms at lunch.



Friday is a very busy day so please be patient when ordering. Feel free to order on Monday or Wednesday for Friday if that will save you time.

Recess items are available from the canteen at 10.50am and icy treats starting at 20 cents are available after the children have eaten their lunch at 12.40pm.

**BULL CREEK PRIMARY SCHOOL**

## CANTEEN MENU TERM 1 2017

Open 8.30am-1.10pm Monday, Wednesday and Friday

### Recess Menu

Aussie Pizza—with pizza sauce, low fat cheese & bacon pieces	\$1.00
Popcorn	\$1.00
Red Rock Chips – Honey Soy or Sea Salt	\$1.20
Vege Chips—BBQ flavour	\$1.20
Corntos—cheese flavour	\$0.80
Mamee Noodle snacks—chicken	\$0.80
Icy Pops - mini frozen milk and juice on sticks	small/lg \$0.20/\$0.50
Fresh Fruit (including a springy slinky)	\$1.00
<b>WEDNESDAY TUMMY TEMPTER</b> Variable treats available at recess Wednesdays	\$1.00
<b>ICY LUNCH TIME TREATS</b>	
Icy Pops also available at lunch time	
Moosies – Flavoured Milk Freeze (Various Flavours)	\$1.20
Juices – Frozen Juice Bar, Real Fruit Juice (Various Flavours)	\$1.20
Other selected ice-creams as available	

