Paths Stories from Wattle 8

**Proud** by Lucas L  
I am proud because I built a rocket. I am also proud because I built a castle.

**Happy** by Griffin  
I am happy because I saw a police car and even an ambulance. They are my favourite cars.

**Angry** by Keagan  
I am angry because my brother got me in trouble. I am angry because my brother and sister are not playing with me.

**Excited** by Amaki  
I am excited because I can read.

**Tired** by Jasmine  
I am tired. I go to sleep on the mattress. When I stay up late at night time I get tired. When I drink water it makes me go to sleep.

**Frustrated** by Athrun  
I feel frustrated. I am frustrated. I was frustrated. I am frustrated building Lego.

**Excited** by Israel  
I'm excited because I am going to the park. I am playing with my dog.

**Love** by Ellie  
I love my mum. I love dogs. I love cats. I love my dad.

**Comfortable** by Aashna  
I am comfortable on the sofa. Very comfortable. My grandma and I love to do play on the sofa.

**Scared** by Olivia  
I am scared of the dark. I am scared of the noises.

**Proud** by Felicia  
I am proud because I like the way my friend is nice.

**Excited** by Aiden  
I am excited I went to AFL. I am excited I went to a birthday. I am excited I went to school.

**Scared** by Edward  
I am scared when I go in the nocturnal house of the big python.

**Scared** by Ryan L  
I am scared of a bat and it makes my tummy feel bad. Snakes scare me. Big dogs scare me.
From the Principal's Desk

Our staff provide many and varied activities for our students to show case their different talents, often working after school hours to ensure the children have the very best of opportunities. Thank you to all the staff for their contributions and dedication.

W8 Assembly

Congratulations to Mrs Pratt, Mrs Cowin and the lovely Pre Primary students of W8 for their excellent stories about feelings. Well done!

Senior Choir - One Big Voice

Once again thank you to Mr Marshall and Mrs Twist for giving up their time on Friday night. Mr Marshall and the Senior Choir congratulations on a wonderful performance.

National Science Week

Congratulations Mr Tisdale and staff on the huge effort that you put into Science Week and our Robot competition and display.

Interschool Cross Country

Mr Pascoe, Miss Barton and Mrs Simon thank you for training and organising the Interschool Cross Country Team. Congratulations to:
  Elih Yr 4 Boys - 1st place
  Daniel Yr 3 Boys - 3rd place
  Our team came 4th overall.

Book Week - Australian Story or Australian Author

Our book week assembly was a huge success. It was fantastic to see the effort that went into the characters from an Australian story or an Australian author. Thank you to Mrs Williams for organising the parade. As well as the book week character prizes the P&C conducted a raffle and provided five lucky children with book vouchers. Congratulations to all those who dressed up, to the winners and to our community for the amazing support.

Congratulations to:
  W10 - Sebastian
  W9 - Eva and Kimberley
  W8 - Lucas
  W6 - Amelia and Kiana
  W5 - Millie
  W4 - Charlotte and Talia
  W3 - Doireann
  W2 - PUG
  W1 - Zoe
  S5 - Cooper
  S6 - Sofia
  B1 - Isabella
  B2 - Juliet
  B3 - Connor
  B4 - 3 Green Sheep
  B5 - Himasha
  B6 - Neysha

Lantern Walk

Frau Colgan and the other staff who participated in The Lantern Walk thank you for your time and support. What a great turn out by students and parents. It was enjoyed by all. Well done Frau Colgan.

Glee performance at Crown Theatre

Congratulations to our Glee students and Ms Eversden. Not only was their performance fabulous their costumes were fantastic, we were all very proud of you. Thank you Ms Eversden and thank you to Mrs Payne for helping during the rehearsal and also to Mr Hofmeester for giving up his time to help support our students on the night.

Thank you everyone it has been a huge term with a lot of extracurricular activities thank you to our school community and the staff, the extra work is sincerely appreciated.

Sue Martin
### CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>MON 29 AUG</th>
<th>TUE 30 AUG</th>
<th>WED 31 AUG</th>
<th>THU 1 SEPT</th>
<th>FRI 2 SEPT</th>
</tr>
</thead>
<tbody>
<tr>
<td>P&amp;C Meeting 7pm in Library</td>
<td></td>
<td></td>
<td></td>
<td>ASSEMBLY - Bull Creek’s Got Talent</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MON 5 SEPT</th>
<th>TUE 6 SEPT</th>
<th>WED 7 SEPT</th>
<th>THU 8 SEPT</th>
<th>FRI 9 SEPT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Faction Athletics Carnival</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

### Running Late To Happy Hour Isn't A Workout!!

**Excuses 2 Exercise**

Create a brand new reality for yourself, STARTING TODAY! NO MORE EXCUSES!

Karinda Lobb
0402 109 155
excuses2exercise@bigpond.com

Sessions Running **NOW** And **ALWAYS** THROUGHOUT THE YEAR.
NEW MEMBERS Come Along And Try A **FREE** Session.

It's Time To Turn Your EXCUSES Into EXERCISE!

---

### DiCandilo Thomson
The Small Business Specialists

- Tax return preparation
- Self Managed Superannuation
- Business set-up, structuring & advice
- Tax planning and minimisation

**FIRST CONSULTATION IS FREE**

CONTACT US ON 9481 6111

---

### Definition Health Club

Come experience & enjoy the benefits of swimming with Definition H2O Swim School!
- AUSTswim qualified, friendly instructors.
- Classes to suit people of all ages - baby and adult lessons available.
- Discount prices for gym members!
- Weekday swimming squads that include gym based fitness training.
- 25m heated pool!

Enrol now and bring this advertisement to Definition Health Club with you to receive a free swimming lesson, courtesy of Definition H2O! Call Cecilia on 9313 5088.

---

### Bull Creek Primary School
Thanks LJ Hooker Leeming,
Leeming Forum Shopping Centre
Farrington Road, Leeming
Tel: 9332 4000
For their sponsorship of 4 Paper Recycling Bins!
PATHS - FEELINGS & BEHAVIOUR – “EMOTIONAL LITERACY”

In PATHS the children learn that their feelings are important signals that give them information. Throughout the lessons we emphasise that all feelings are natural and OK to have, but that behaviours are different from feelings. Behaviours can be ‘OK’ or ‘not OK’. Learning to distinguish between feelings and behaviours enhances the children’s self-control, relationships with others and problem-solving skills.

We talk about having ‘Comfortable Feelings’ and ‘Uncomfortable Feelings’. We avoid using the words ‘good’ and ‘bad’ or ‘positive’ and ‘negative’ feelings, because children (and adults) often confuse this with thinking that certain feelings are ‘bad’ and that we shouldn’t have them. Obviously, we know that this is not true. We may not want to feel uncomfortable feelings (such as sadness, anger and disappointment), but the fact is that we do. Both uncomfortable and comfortable feelings (such as happy, calm and excited) provide us with valuable information. When we recognise our feelings, we can better decide what to do about them. This is called Emotional Literacy.

Learning to read other people’s emotional states is a vital part of successful social relationships, and assists the children to predict what may happen in everyday situations. It helps them to work out why people may act the way that they do – it’s not always someone’s ‘fault’. Recognising emotions in others also helps in becoming aware of one’s own emotions.

TIPS FOR DEVELOPING EMOTIONAL LITERACY IN YOUR CHILD

- Reinforce the difference between feelings and behaviours in situations that occur at home.
- Reinforce that ALL feelings are ok but that all behaviours are not ok.
- Discuss feelings using the terms Comfortable Feelings and Uncomfortable Feelings. Discussing feelings doesn’t solve problems but it is an important step in finding an appropriate solution to the problem.
- Draw your child’s attention to the facial expressions and body language of people when feeling different feelings.
- Discuss behaviours as and after they happen – both appropriate and inappropriate behaviours.
Laterne, Laterne, Sonne, Mond und Sterne.
These are the words that our students from year 1 know very well when it comes to the annual Laternenlauf.
Last Thursday was a great success. After some really bad weather, we managed to walk under the stars without getting wet. It was great to see so many families there.
Thank you to my very enthusiastic performers. Kids, you did a fantastic job. I am sure that everyone now knows what St Martin is all about. Thanks for being so flexible and learning your lines on such short notice.
The food was delicious like every year. A very big THANK YOU to the Caspelherr family for organising Weisswürstchen und Brezel. Thanks to all the helpers in the kitchen for making sure that every visitor got something to eat. And last but not least thanks to “Little Home Bakery” and “Eurostyle Smallgoods” for giving us a very fair price on the food. The profit from that night is going to the P&C.

Poetry and Art competition
Come and celebrate the **day of the German language** with us. Students in years 4 to 6 have been busy creating and illustrating poems. The best pieces will be presented at the Rhein Donau Club, 110 North Lake Rd, Myaree on **Friday 9/9/2016 4.30pm to 7pm**.
This is a great opportunity for families to spend an afternoon in a unique German event. **Entry is free.** There will be lots of entertainment and prizes to be won. You don’t need to speak German. Just come along, have some fun, play some games, eat some German food and enjoy a family afternoon. It would be great to see lots of “Bull Creekers”.

Tanja Colgan
Olympic Athletes

By Wattle 4

Athletes love to play their sport,

Some play on grass or on a court.

Some run or swim or jump or kick,

They definitely perform marvellous tricks!

Athletes must practise hard and train,

They even travel on a plane.

They have talents of all different kinds,

Sportsmanship, healthy bodies and minds.

They always try their best and never give up,

They might win a medal or a trophy cup.

If they lose they don’t complain,

Next time they can try again.

They stand on the podium if they win,

Their National Anthem they will sing.

We cheer for our country and cheer for our team,

They celebrate with everyone and don’t be mean.

They love their sport and have heaps of fun,

Come and see them, everyone!
**P & C NEWS FLASH**

**CANTEEN** Thank you to everyone for their support of the canteen so far this year. The canteen will be open on the main day of the Faction Carnival, **THURSDAY 8th SEPTEMBER**. There is a pre-order lunch available for that day. Please see the attached flyer. Please make sure all orders for the Faction Carnival Lunch are returned to the Canteen by Monday 5th September. A very big THANK YOU to all the volunteer helpers in the canteen, you are all marvellous! If you would like to volunteer, please see Cecilia in the Canteen.

**BOOK WEEK RAFFLE WINNERS**
Congratulations to:
Youssef B1, Shanay B3, Alfie W10, Tate W2, Luca S5

**QUIZ NIGHT** Thank you to everyone who came along to our 'Bogan and Beautiful' Quiz Night! We had some amazing beauties and lots of fabulous bogans! We are so proud to announce that we raised a little over $4,100.00 to go towards our fundraising goal of new air-conditioners for the classrooms. Thank you to all our Sponsors and all those who donated items and their time. We thank you very much.

**UNIFORM SHOP** Thank you to all those families who have purchased their uniforms at the uniform shop. All the children look so lovely in them! The Faction Carnival is coming soon; do your children need a new Faction shirt? They are $20 and can be purchased on Tuesday mornings in the new undercover area from 8.30am.

**ENTERTAINMENT BOOK** The 2016/17 Entertainment Book is now available for purchase. There is the choice of the Entertainment Gold Book or the new Entertainment Digital Membership for your smart phone or tablet. Both offer fabulous deals for dining, entertainment, attractions, flights, car hire and the new BEST OF BALI section. If you would like to have a look through the Book before purchasing, we have a sample copy to view at Assembly each fortnight or visit [www.entertainmentbook.com.au/flickbook](http://www.entertainmentbook.com.au/flickbook) You can purchase the Entertainment Book or digital membership via our dedicated ordering page at [www.entertainmentbook.com.au/orderbooks/860z42](http://www.entertainmentbook.com.au/orderbooks/860z42)

Our next meeting will be Monday 29th August 2016 at 7pm in the school library. We would love to see some new faces join us.

If you would like to contact any of the committee, please email us at [bcpspandc@outlook.com](mailto:bcpspandc@outlook.com) or send us a message on our Facebook page - Bull Creek Primary School P & C [www.facebook.com/BullCreekPrimarySchoolPC](http://www.facebook.com/BullCreekPrimarySchoolPC)
CANTEEN MANAGER POSITION

We are looking for a community minded person, who will be able to fulfil the role of canteen manager at BCPS.

The position will require you to work a minimum of three days per week, Mon, Wed, and Fri during the school term from 8.30-2.00pm

This is a paid position and the responsibilities are as follows

- Oversee all operations within the canteen.
- Face to face contact with customers.
- Cleaning of the canteen area e.g. benches, appliances and equipment on a daily basis.
- Daily stock control.
- Daily reconciliation and completing associated paperwork.
- Maintain a cash float, daily banking, preparing weekly balance sheet and providing reports for Canteen Committee.
- Working with suppliers to maintain relationships, problem solve and add value.
- Contribute to keeping the overall site safe, clean and presentable to customers.
- Supervision of volunteers.
- Other duties as required.

To be successful within this role you will need to display the following requirements

- well presented;
- a hard worker with a safety focus;
- be physically fit and able to undertake associated manual work;
- able to nominate two work related referees;
- achieve the requirements for working with children.

Please forward all interest and applications to:

Tara Snell

cpspandc@outlook.com

By the 9th of September 2016
Faction Carnival Lunch Special

Thursday 8th September

For the Faction Carnival, the Canteen is offering a special lunch to students and their families. All orders must be returned to the canteen by MONDAY 5TH SEPTEMBER. Please use one order form per person.

Child’s Name: _________________________ Class: ___________________

Family
Member Name: _________________________ Faction: ___________________

LUNCH

Sausage Roll Combo
A sausage roll with tomato sauce and a juice box (Apple, Tropical or Apple blackcurrant) or water and a Sea or Jungle Stretchie lolly. $5.00 ☐

Party Pie Combo
Three Party Pies with tomato sauce and a juice box (Apple, Tropical or Apple blackcurrant) or water and a Sea or Jungle Stretchie lolly. $5.00 ☐

Sushi Combo
Choice of Chicken, Vegetable or California Rolls (5 pieces) and a juice box (Apple, Tropical or Apple blackcurrant) or water and a Sea or Jungle Stretchie lolly. $6.00 ☐

Please circle your choice of drink and/or sushi

Jelly cups will be available at recess in Faction colours until sold out. Drinks and ice-creams will be available from the canteen as usual.
Bull Creek Primary School P&C Association would like to thank the following sponsors for their generous donations towards this evening:

- hello world
- Jamberry
- Wilkes
- Jdith Kovacs-Moreton
- active wellness
- Gold Edge News Agent
- STAPLES
- Pilates Fitness Institute
- gravity discovery centre
- Sarah Montgomery
- West Coast
- Amazing Designs
- Lala Lance
- Excuses 2 Exercise
- Officeworks
- SJ Electric
- Betania & Jason Grant
- Tupperware
- Scholastic book clubs
- HOWARDS STORAGE WORLD
- Tupperware from Shells
- Shelley Stokes
- every child deserves a good book
- HOWARDS STORAGE WORLD
- Officeworks
- SJ Electric
- Edith Curly
- stockland
- LEAF BEAN MACHINE
- Panpipes of Fine Tea & Coffee
- scitech
- Pharmacist Advice
- Chris Hodson - GoZone
- Retravision
- Dockers
- Painting by Sue Turner
- Forty Winks
KIDS CAN CREATE THEIR OWN CRICKET MOMENT

HITTING THE WINNING RUNS

YOUR FIRST INDOOR WIN

TAking Your FIRST WicKTet

ACTIVITY: 2016/17 REGISTRATIONS Now Open   AGE: 7 - 17yrs
CLUB/CENTRE: Riverton Rossmoyne Junior Cricket Club
ADDRESS: Riverton Reserve - off High Road near the Leisureplex Centre

Meet at the Cricket Nets / Shed

DATE: 28 August 2016   TIME: 10:00 - 12:00

CONTACT: E-Mail: rrjcc.registrar@gmail.com   Web: http://rrjcc.wa.cricket.com.au

All Registrations Online via our Website (On-site assistance available)

If you can’t make it on the Rego Day contact us via our Web Site

Disclaimer: Please be aware that the school does not necessarily endorse all advertising.
ATTACHMENTS & FLYERS

Disclaimer: Please be aware that the school does not necessarily endorse all advertising.
ATTACHMENTS & FLYERS

CANNING COUGARS
TEE-BALL CLUB (inc)

TEE BALL

An exciting summer sport for boys and girls of age 5 to 12

Tee-Ball is a fast moving, non-contact team sport that provides lots of fun and friendship whilst developing hand-eye coordination, ball skills, general fitness and confidence. Games are played on Saturday mornings at Centenary Park in Wilson.

Register NOW online! for early-bird discount

Important Season Events
Have a Go! & Registration Day: 10am-1pm Sat 10 September 2016
Registrations Close: Mon 12 September 2016
Meet the Coach Day: 9am-noon Sat 17 September 2016
First game: Sat 15 October 2016

More info at www.cctbc.com.au
Contact info@cctbc.com.au

First 50 new members get a FREE Tee-Ball Starter Pack

TEE-BALL – it’s a GREAT HIT with kids!

Disclaimer : Please be aware that the school does not necessarily endorse all advertising.