WELCOME BACK!

BULL CREEK PRIMARY SCHOOL

Hardy Street, Bull Creek WA 6149
Tel: 9332 3244 Fax: 9310 7578 Email: bullcreek.ps@education.wa.edu.au
Web Address: www.bullcreekps.wa.edu.au
EDUCATION SECURITY - Ph 9264 4632:
CITY OF MELVILLE HOTLINE (24 hrs) - Ph 1300 653 643

Newsletter No: 1
Thursday 12th, February 2015

2015
From the Principal's Desk

Welcome Back Everyone
I would like to welcome everyone back to the 2015 School Year. Last December we farewelled both our Year 6 and Year 7 students to High School - seventy students altogether. In their place we have our two Kindy classes - some new families, of course, and other “long term” Bull Creek families. Between Pre-Primary and Year 6, fourteen new families have joined us. Even after losing all those Year 6’s and 7’s we still have fourteen classes - the same number as last year.

Uniforms
Thank you to our Uniform Ladies - Meagan and Karen - for their wonderful work prior to school commencing - the children look fantastic in the B.C.P.S. school uniform. Thank you also to the parents for your conscientiousness in this regard.

CLASSES FOR 2015
The classes for 2015 are as follows:

W10 Kindy (Kangas - Mon, Tues, Wed) Mrs Abbott
W10 Kindy (Koalas - Wed, Thur, Fri) Mrs King
W9 Pre Primary Ms Pratt / Mrs English
W8 Pre Primary Mrs Toner / Mrs Abbott
W7 Year 1 Mrs Austin / Mrs English
W5 Year 1 / Year 2 Ms Bolton
W2 Year 2 Mrs Kent / Mrs Meyer
W3 Year 3 Miss Di Fonzo
W1 Year 3 Mrs Hutchin / Mrs Colgan
S5 Year 4 Mrs Twist
S6 Year 4 Miss Francis
B4 Year 5 Mr Pascoe
B6 Year 5 / Year 6 Miss Sumastra / Mr Tisdale
B5 Year 6 Mrs Simon / Mr Hofmeester

P&C Meeting
Our first P&C Association Meeting will be held on this Monday 16 February in our School Library at 7:00pm. All parents, including new families (of course) are welcome to attend.

Labour Day Public Holiday
Monday 2 March is a Public Holiday and school will not be open on this day.

Message From Department of Education
The Department of Education have once again reminded schools - these reminders are becoming more and more frequent - to ask parents to exercise caution when driving, parking or reversing around the school at the beginning and end of the school day. Our young students have not got the same level of “traffic awareness” as High School students or adults. Please be so careful!

Tim Cremin
**Upcoming Swimming Lessons**

Swimming Lessons are in Weeks 6 & 7, Monday 9th March to the 20th March. As swimming is an important part of recreation in Australia (fishing, boating, surfing etc) and pool safety a vital component, we expect all children to participate.

If however, you are aware that your child/children will be unable to participate for medical reasons or a planned holiday please notify the school as soon as possible. A permission note will be going home next week.

Please note that the Swimming Lessons are for nine days only as the **Faction Swimming Carnival** is on the **Thursday 19th March** and there will be no swimming lessons that day.

**ART NEWS**

In case you have not heard, I wanted to let you know about an exciting event coming to Perth this Friday 13th to Sunday the 15th of February.

**The Giants** is the free, ‘once in a lifetime’ opening event of the Perth International Arts Festival. It is a spectacle of immense proportions and budget ($5.4 million!) produced by French street theatre company Royal de Luxe. It features two giant puppets (12 metres and six metres high) that are searching for each other across the Perth CBD and Northbridge areas. For more information outlining viewing locations, times and storyline please google Perth International Arts Festival or The Giants.

I’m sure it will be a fun family outing that will be well worth the visit and remembered forever. I know I am certainly looking forward to it!

**Shana Perna**
(Art teacher)

**REMEMBER THESE DATES!!**

Kapture Photography will be at school on Friday 27th and Monday 30th March to take the children’s school photos. More information will be sent at a later date.
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<td>FRI 20TH FEB</td>
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<td>THUR 26TH FEB</td>
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**CALENDAR OF EVENTS**

**Running Late To Happy Hour Isn’t A Workout!!**

**Excuses 2 Exercise**

Create a brand new healthy for yourself, STARTING TODAY!

NO MORE EXCUSES!

Karinda Lobb

0402 109 155

excuses2exercise@bigpond.com

Sessions Running NOW And All THROUGHOUT THE YEAR,

NEW MEMBERS Come Along And Try A FREE Session.

It’s Time To Turn Your EXCUSES Into EXERCISE!

Kids are welcome to come along too.

**Definition Health Club**

Come experience & enjoy the benefits of swimming with Definition H2O Swim School!

- AUSTswim qualified, friendly instructors.
- Classes to suit people of all ages - baby and adult lessons available.
- Discount prices for gym members!
- Weekday swimming squads that include gym based fitness training.
- 25m heated pool

Enrol now and bring this advertisement to Definition Health Club with you to receive a free swimming lesson, courtesy of Definition H2O! Call Cecilia on 9313 5088.

| Definition Health Club | 77 Wheatley Drive, Bull Creek Western Australia 6149 |
| Phone: 08 9313 5088   | Fax: 08 9313 5861 | Email: ccharpe@definitionhealthclub.com.au |
| www.definitionhealthclub.com.au |

**DiCandilo Thomson**

The Small Business Specialists

- Tax return preparation
- Self Managed Superannuation
- Business set-up, structuring & advice
- Tax planning and minimisation

FIRST CONSULTATION IS FREE

CONTACT US ON 9481 6111

**Solving All Your Pest Problems**

Phone Brian on

1800 647 440

**Westate Pest Control**

Licence No. 19

Megan Stone

Pest Control
definitionhealthclub.com.au

**BULL CREEK PRIMARY SCHOOL**

Thanks LJ Hooker Leeming,
Leeming Forum Shopping Centre
Farrington Road, Leeming
Tel: 9332 4000
For their sponsorship of 4 Paper Recycling Bins!
## BULL CREEK PRIMARY SCHOOL

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<tr>
<th>WK</th>
<th>MONDAY</th>
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<tr>
<td>JAN</td>
<td>26 <strong>AUSTRALIA DAY PUBLIC HOLIDAY</strong></td>
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<td>20 Assembly - Prefects</td>
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<td>26 Newsletter</td>
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<td>5 MAR</td>
<td>2 <strong>LABOUR DAY PUBLIC HOLIDAY</strong></td>
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<td>6 Assembly – W3</td>
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<td>7</td>
<td>16 Swimming Lessons</td>
<td>17 Swimming Lessons</td>
<td>18 Swimming Lessons</td>
<td>19 Faction Swimming Carnival Riverton Leisureplex 9-12</td>
<td>20 No Assembly <em>Swimming Lessons</em></td>
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<td>8</td>
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<td>26 Newsletter – Faction Swimming Carnival SCISA Swimming Carnival Fremantle Leisure Centre 8.30 – 12.30</td>
<td>27 Kapture School Photos</td>
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<td>9 APR</td>
<td>30 Kapture School Photos</td>
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<td>2 R/E Assembly Last day of Term!</td>
<td>3 <strong>GOOD FRIDAY PUBLIC HOLIDAY</strong></td>
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SCHOOL BANKING will now be on Thursdays between 8:20 - 8:50am in the old canteen. We are looking forward to seeing all our school bankers as well as any new bankers too!

UNIFORM SHOP is open every Tuesday between 8:30 - 9:20am.

The P&C meet twice a term, Week 3 and Week 7. We are always looking for new members. Please come along as it is a great way to meet other parents in the school community.

We would like to invite everyone to attend our next P&C meeting this coming Monday, 17th February at 7:00pm in the school Library. This is also our AGM where all positions on the P&C become vacant and new candidates are elected.

Are you interested in joining the School Band in 2015?

The 2014 band has only two band members and we are looking for more!

We have vacancies for piano, drums, bass guitar, electric guitar and keyboard.

The ability to read some music notation is necessary for piano, keyboard and guitar.

Lessons in 2015 will be on Mondays after school. Please contact Mr Tad Ph: 0414 459 336
Welcome to the new school year. My name is Kristen Cousins, and I am the Community Health Nurse who visits your school.

Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment program.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential.

If you have a concern about your child’s health or development, please contact me via the School Office. I have attached some healthy Lunchbox Tips below:

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**Back to school…..what to make for lunch today?**

Are you constantly asking yourself this question as you busily get ready for the day ahead? Children need a healthy school lunch to boost their energy and help them concentrate and learn in the afternoon, so we asked our Health Promotion Team here at CACH for their top tips.

**Lunchbox tips:**
- Use a variety of breads to make sandwiches more fun
- Use biscuit cutters to cut sandwiches and fruit into different shapes
- Pack your own snacks in a snap lock bag or brown paper bag decorated with stickers. A cheaper and healthier alternative to pre-packaged snacks.
- Use a frozen ice brick or drink and an insulated lunchbox to keep the food cold
- Include a non-food surprise e.g. a joke, sticker or note
- Encourage your children to be involved in the preparation of their lunch. When children are involved in food preparation they are more likely to experiment with different types of foods.
- Think outside the box; try frittata, boiled egg, popcorn and rice paper rolls to keep lunches interesting!

According to the Australian Dietary Guidelines children aged 4-8 years should aim daily for 1½ serves of fruit; 4½ serves of vegies; 1½-2 serves of dairy; 4 serves of bread, cereals and grains; and 1½ serves of meat. For more information on what is considered a ‘serve’ and for other healthy lunch ideas visit [HealthyWA](https://www.healthywa.gov.au) or the [Raising Children Network](https://www.raisingchildren.net).

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**A note from the Community Health Nurse… (Primary School)**

**Kind Regards**

Kristen Cousins

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Disclaimer : Please be aware that the school does not necessarily endorse all advertising.
Is your daughter interested in playing netball in 2015?

Do you want to be part of the Club that won the most **Premierships** of any club at the Fremantle Netball Association in 2014?

If you answered YES then be sure to register with the Rossmoyne Netball Club by **Monday 16th February**!

Full details on the RNC website  

**For players born 2007 or earlier**

**All levels of skill & experience welcome**

Enquiries to rossmoynenetballclub@gmail.com
St Thomas More Religious Education Classes for 2015 for Bateman Parish children.

Enrolments for classes are now being accepted. Classes commence Wednesday 11 Feb 2015. The Sacrament of Confirmation is now a 2 year program.

Sacrament dates for 2015:
Reconciliation 15th/16th September 2015
First Holy Communion 20th/21st June 2015
Confirmation 8th/9th August 2015

Students must attend from the beginning of the year to be eligible to receive the Sacrament. For enquiries please contact Jenny Figliomeni on 9310 1747 or 0435 695 399.
Bull Creek Leeming Playgroup welcomes families with children from birth to kindy to join our morning sessions at the Bull Creek Community Centre (behind Bull Creek Shopping Centre).

Groups run on Monday and Wednesday mornings during school term using the air conditioned hall and shaded outdoor playground.

Enjoy a coffee and chat while the children play with a huge range of indoor and outdoor toys, games and dress-ups, or use the materials supplied to help them create craft masterpieces.
Girls Football Open Days:

Sunday 8th Feb 9am-11am.
Sunday 15th Feb 3pm-5pm.
Sunday 22nd Feb 3pm-5pm.

ALL GIRLS AGED 10-17 WELCOME
Len Shearer Reserve Booragoon

PLAYER REGISTRATION NOW OPEN ONLINE:
www.melvillecityfc.com.au

FREE sausage sizzle, meet the Perth Glory Womens Coaches (first Open Day only), games, open training sessions, meet your team coaches. Learn about warm up & cool down routines, injury management, hydration and nutrition from premier womens state league players.

Contact Stephen Farrell (Girls VP): stephenvf@melvillecityfc.com.au
or visit: www.melvillecityfc.com.au/teams/junior-girls-and-womens
Family Open Day
Murdoch Police Station
120 Murdoch Drive, Murdoch
Tel: 9313 9000

Sunday 15th February 2015
11am - 3pm

- FREE Sausage Sizzle
- Crime prevention advice
- Take a tour of the Police Station
- Sit in a Police Car
- Examine our equipment
- Don the riot gear
- Get locked in a cell
- Meet your local Police Officers
- FREE anti theft screws fitted to your car number plates
- City of Melville Security Patrol Car

For your entertainment Police Mounted Horses on show and the WA Police Pipe Band.

Check the Melville Times for more details.
HAVE YOU BEEN THINKING ABOUT ENROLLING YOUR CHILD IN AN OUT OF SCHOOL ACTIVITY?!?
WHY NOT GIVE RUGBY LEAGUE A GO?!?
WE ARE AFTER PLAYERS FROM 4-16YRS OF AGE...
TRAINING TUE & THUR 5-6PM
GAME DAY SUNDAY

WILLAGEE BEARS WEBBER RESERVE CNR OF BOON & WEBBER ST WILLAGEE..

REGISTRATION DATES & TIMES
FEB 7TH 2015 (11am till 2pm)
FEB 14TH 2015 (11am till 2pm)

Payment plans are available or follow the link for financial assistance http://www.clubsonline.dsr.wa.gov.au/

CONTACT DANIELLE PARKER ON 0435131681 OR EMAIL dannii2hot@yahoo.com.au