EVERYDAY GREEN LUNCH ITEMS
Sandwiches are made on whole meal bread unless white bread is requested

SANDWICHES:
Cheese 2.20
Chicken 3.20
Egg/Curried Egg 2.40
Ham 2.80
Tuna 2.80
Vegemite 2.00

TOASTED FOCCACCIA FAVOURITES:
Chicken & Cheese 4.50
Chicken, Cheese, Avocado & Mayo 5.50
Chicken, Cheese, Tomato & Avocado 5.50
Ham & Cheese 4.50
Ham, Cheese & Tomato 5.00
Ham, Cheese, Tomato & Avocado 5.50
Tuna, Cheese, Tomato, Avocado & Mayo 5.50

EXTRAS:
Add 20c : per salad item, (Lettuce, Tomato, Cucumber & Carrot)
Add 20c: For Mayo, Cheese, or Toasted S/W
Add 40c: For a Wrap or Roll
Add 60c: Avocado

SALAD TUBS:
Lettuce, Tomato, Cucumber, Carrot & Egg with a fruit garnish
- With Chicken, Ham, Tuna 5.00
- With Cheese 4.50
Add Avocado or Beetroot or Olives .60ea

FRUIT SALAD TUBS:
Containing four seasonal fruits 4.50

TUMMY FILLERS:
Macaroni Cheese 3.80
Fried Rice 3.80
Pizza Cheese & Bacon 3.00
Pizza Vegetarian 3.00
Pizza Hawaiian 3.00
Nachos (Lightly salted corn chips) Veg 3.50
Salsa, Low fat cheese) Chicken 4.00

FRIDAY — AMBER FOOD DAY
Chicken / Beef Noodle Cup 2.50
Party Pie 1.00
Sausage Roll 2.50
Chicken, Corn and Cheese Sausage Roll 2.70
Meat Pie 3.00
Potato Pie 3.00
5 Chicken or Fish nuggets without gems 2.00
with 8 potato gems 3.00
Hot Dog & Sauce, or Mustard or Both 3.20
Hot Dog & Sauce with cheese 3.40
Tomato sauce sachet .30

TUESDAY SPECIAL
Cheeky Chicken Wrap $4.80
2 crumbed chicken tenderloins, lettuce, tomato, carrot and mayonnaise or sweet chilli sauce in a lightly warmed wrap
Or as combo with a juice box $5.80

THURSDAY SPECIALS
Hawaiian Burger $4.00
Crumbed chicken patty, cheese slice, ham, lettuce, pineapple ring and mayonnaise

Ploughman’s Lunch $4.50
Lean ham, cheese, carrot sticks, cucumber, watermelon, orange and crusty bread
Add pickle onion .20

Sushi $5.00
Teriyaki chicken or tuna…. 5 piece

ICE CREAMS (Lunchtime only at 12.40pm)
Chocolate Yowie or Rainbow Ice cream $1.30
Moosies—3 flavours $1.00

RECESS RUSH

PIZZA
Margarita:
(Cheese & Pizza sauce) 1.20
Aussie:
(Ham, Cheese & Pizza sauce) 1.20

OTHER ITEMS
Mamee Noodles —Chicken or BBQ .80
Mamee Corntos —Cheese .80
Vege Chips—BBQ 1.00
Red Rock Deli Chips 1.00
Ovalteenies .80

Pancakes or muffins (as available) .50
Jelly cups (Friday only) 1.00

DRINKS

Slushies: Lunch time only 2.00
Various flavours

Milks (300ml)
Choc Chill/Choc Mint Chill 2.00
Berry Chill 2.00
Banana Chill 2.00

LOL Sparkling Fruit Juice (250ml)
Raspberry, Tropical 2.00
Blackcurrant or Peachy

Fruit Juice Box (250ml) 1.50
Apple, Tropical or Apple /Blackcurrant

Water (600ml) 1.50